

SA Equipped 2022

WOMEN

Name	Weight Category	Province	Age Category	Coach details	Qualifying Comp
Carol Anthony	52	Gauteng	M2	Rodney Anthony	Gauteng Classic / Equipped 2022
Jacqui Rees	84	Gauteng	M1	Henk De Wet	Gauteng Classic 2022 & SA Champ 2021
Christi Rees	84+	Gauteng	Open	Henk De Wet	Gauteng Classic 2022 and SA Champ 2021
Vanessa Lessing	69	Eastern Cape	M1	Andre Ludick	SA Equipped 2021
Mijuane De Wet	63	Gauteng	Sub Junior	Henk De Wet	Gauteng Classic/Equipped 2022 SA Champ 2021
Heike Groenewald	69	Eastern Cape	Sub Junior	Ilze-Mari Maritz	EC Equipped 2022
Megan Leighton	63	Gauteng	Open	Chantelle Du Toit	Gauteng Classic 2022/Equipped 2022
Chantelle Du Toit	76	Gauteng	Open	Megan Leighton	Gauteng Classic/Equipped 2022
Anika Maree	76	Eastern Cape	Sub Junior	Ilze Marie Maritz	EC Equipped 2022
Janel Daffue	63	Eastern Cape	Junior	Andre Ludick	EC Equipped 2022
Alexa Pentapoulos	52	Gauteng	Open	Henk De Wet	SA Classic 2022
Elisabeth Barry	52	Eastern Cape	Master 1	Rodney Anthony	SA Equipped 2021

Note: As per entry form, all lifters who qualified to enter Open category will be added to Open category as well.

MEN

Name	Weight Category	Province	Age Category	Coach details	Qualifying Comp
Hermanus de Beer	120	Gauteng	Master 2	-	Gauteng Classic & SA Classic 2022
Ian Furman	120	Gauteng	Master 2	Henk de Wet	SA Equipped 2021
Justin Furman	120	Gauteng	Junior	Henk De Wet	NW Equipped 2022
Christo Schoonraad	105	Gauteng	Master 2	Henk De Wet	Gauteng classic / Equipped 2022
Carel Jansen	83	Gauteng	Master 1	Rodney Anthony	Gauteng Classic & Equipped 2022
Tommie de Nysschen	83	Freestate	Master 2	-	FS Champs
Karabo Manamela	74	Gauteng	Junior	Rodney/Shane	SA Equipped 2021
Derik van Wyk	120	Gauteng	Open	Chantelle du Toit	Gauteng Classic 2022
Andre Ludick	105	Eastern Cape	Master 3	-	SA Equipped 2021
Marchelle Strydom	105	North West	Junior	Gert Strydom	NW Equipped 2022
Johnny Dam	93	Gauteng	Master 2	Nic Ingel/John Crain	SA Equipped 2021
Steve Ogunfemi	83	Gauteng	Master 2	-	SA Equipped 2021
John Crain	120	Gauteng	Master 2	Nick Ingel	SA Classic 2021
Marco de Beer	93	North West	Junior	Nicolaas Du Preez	

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